

Location: Central High School

Multipurpose Room

Ages 50+

\$10

FYP.119 Wednesday, June 20th

10:00 am—11:00 am

FYP.120 Wednesday, July 18th

2:00—3:00 pm

FYP.121 Wednesday, August 15th

6:00 pm—7:00 pm



Registration required at least one week before the start of class. For more information, contact Parks and Recreation at 804-556-5854.

THE HEAT IS ON!

Test your ability to keep "cool" under pressure while competing in various "Minute to Win It" style challenges. Prizes may be awarded.

[Register Here!](#)

