

Do you know what to do in an emergency?

If not, come join our FREE 22-Hour Training Class.



In an emergency, learn how to help yourself, your family, friends, and neighbors!

Examples of what you will learn:

- Make a disaster kit
- Perform light search & rescue
- Help someone emotionally upset
- Use a fire extinguisher
- Perform basic first aid
- Work as a team in an emergency

Monday Class Dates (with one Saturday)	Time	Place
April 18 & 25 May 2, 9, 16, and 23 June 6 & 13	All Monday Classes 6:30 PM - 9:30 PM	Byrd Presbyterian Church 2229 Dogtown Rd Goochland, VA 23063
June 18	One Saturday Class 9:00 AM - 1:00 PM	

*Note: Participants must be 16 or older.

Hosted by Goochland Fire-Rescue, Emergency Services, and CERT

For more information or to register for the class, email

rhillman@goochlandva.us or call 804-556-5304.